



Fort Bend County Podcasts

Podcast Episode 50 – Annual Enrollment & 6th Annual Jingle Bell Jog

September 11, 2025

****Disclaimer****-Please note, anything that is said in the podcast does not supersede actual plan or program languages, and anyone wishing for specific information in regard to coverage should go directly to the plan documents found under risk management on eConnect.

Gina: Welcome to this week's Benefit Detective podcast. I'm Gina.

Wendy: I'm Wendy. Well, Gina, we're coming to a close with Annual Enrollment.

Gina: That's right! So, keep in mind, if you still need to turn in documents, make sure to turn that in before tomorrow's deadline, which is November 14! Remember, emails have been going out since even prior to Annual Enrollment even beginning saying, "get a head start", "jump start", you know, "think ahead", turn in your documents. Documents include, but not limited to, birth certificates, marriage certificates, Social Security numbers, anything like that. So, more information on "what is a document" can also be found on the Annual Enrollment web page under "Documents and Tools" or even the FAQ section of what is a document.

Wendy: In case you haven't started your Annual Enrollment, go to eConnect and click the Annual Enrollment link on the home page, which will take you to the Annual Enrollment Webpage where you will be guided by "Annie" in completing your Annual Enrollment. So, follow her steps to ensure Annual Enrollment completion with celebratory fireworks.

Gina: Reminder, if you have completed the spousal form, which is due every year, if you have a spouse on the medical plan, the flexible spending form, which is due every year if you plan on having a rollover or wanting to participate in the flexible spending, as well as the nicotine form, which is the discount rate eligibility form. Once you complete those, you will get an email notification from Employee Benefits that says confirmation. In that email will be an attachment of what you elected on those forms, so please keep those for your records.

Gina: If you made a change of medical, dental, or vision by adding someone on the plan or taking someone off the plan or just changing tiers, that confirmation will come from "no reply", and you will get it the following business day. So, again, keep that for your records as well. Remember, the price on that is not correct. It will have to be done after the close of Annual Enrollment. So, check at the beginning of the year to ensure you did get your HRA and Biometric Discount as well as your nicotine rate discount.

Wendy: Also, your biometric and HRA deadline is tomorrow, Friday, November 14. That is a two part step. Make sure you have done both of them. Emails have been going out prior to annual enrollment regarding your biometric and HRA.



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Gina: Unum voluntary life enrollment packets are available on the annual enrollment web page. The deadline for submitting those is going to be tomorrow, November 14 as well. So, complete your form and send it over to the fax number that is on the cover sheet of that packet. Or you can also send it over to the risk management email, which is employeebenefits@fortbendcountytexas.gov, and we'll get that sent over to them for you.

Jingle Bells sounding

Wendy: We have Elexis with us, and she's got a sneak peek on an upcoming event.

Elexis: Hey, everyone. We invite you on Saturday, 12/06/2025 to our sixth annual jingle bell jog. This event is free, and it's for all employees, family members, and retirees. We are adding some new surprises and along with some special guests. We really hope to see you there. To sign up, please see your email. It was sent out by Fort Bend County Health and Wellness. It will be titled Jingle Bell Jog. Click the link below, and then just complete the waiver with you and all of your family and friends who is going to attend.

Wendy: Thank you, Elexis, for joining us today.

Elexis: Absolutely. It's always a great time to talk with you guys.

Gina: Well, that's a wrap for this week's Benefit Detective Podcast. I'm Gina.

Wendy: I'm Wendy.

Elexis: I'm Elexis. Remember, "Wellness is a Lifestyle".

Wendy: Listen for our next podcast.

Gina: And remember, the Benefit Detectives are here to help!