



Fort Bend County Podcasts

Podcast Episode 52 – Post Annual Enrollment & 6th Annual JBJ

December 17, 2025

****Disclaimer****-Please note, anything that is said in the podcast does not supersede actual plan or program languages, and anyone wishing for specific information in regard to coverage should go directly to the plan documents found under risk management on eConnect.

Gina: Welcome to this week's Benefit Detective Podcast. I'm Gina.

Wendy: And I'm Wendy.

Gina: Well, Wendy, we are coming up to the end of December. So, keep in mind, those that have flexible spending, the deadline to use your funds is approaching. December 31 is the deadline to use your 2025 flex funds. If you re-enrolled in the health care reimbursement plan for the 2026 plan year, a minimum of \$50 to a max of \$640 will roll over. Remember, the dependent care reimbursement does not roll over, so make sure you turn in all itemized statements to get reimbursed. If you did not re-enroll in the health care reimbursement plan for the 2026 plan year and have funds, remember, you can go shopping on the fsastore.com for eligible items. Additional information was sent out previously on emails in regards to flexible spending.

Wendy: Yes. And those of you who have spouses on your medical plan, remember that you have to get those certificates of credible coverage or proof of non-eligibility turned in by 01/31/2026 for them to be able to stay on the medical plan.

****Transitioning into Christmas jingles****

Wendy: We have Elexis with us today to give us an update on the Jingle Bell Jog, which was an awesome event.

Elexis: Ho, ho, ho, everyone! Yes! I would say it was an absolute fantastic event. Every year, we try to gain momentum and make things bigger. And this year, we absolutely succeeded.

Wendy: I thought we had some new attractions this year. For those that didn't come, can you tell them about it?

Elexis: So along with our 5k mile run and one-and-a-half-mile walk, we did introduce some new activities and attractions. The first activity that we introduced was our card making corner. So, anybody who was in attendance got to make a holiday card, and these cards were donated to the Child Advocate of Fort Bend. In all, we had over 70 cards that were donated to the Child Advocate of Fort Bend. And what makes these cards so special is that the cards will be gifted along with the toys that were donated.

Elexis: The next activity we had was our Texas snowball toss. Now this is Texas, so we had to improvise on snowballs. But we had each participant pair up with a partner, and we tossed a snowball, AKA a



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tennis ball, and whichever team tossed it the farthest won. A new attraction was also our stilt walker. Imagine a twelve-foot guy who is dressed as a toy soldier juggling bowling pins. He was incredible. The kids loved him, and you could really tell that he enjoyed what he did.

Wendy: So, how'd we do on the food drive?

Elexis: The food drive was also a success. We had over 200 pounds of food that was collected and donated to the Rosenberg Richmond Helping Hands.

Wendy: And how many toys did you say we collected?

Elexis: We collected 144 toys that were all donated to the Child Advocate of Fort Bend.

Gina: It was a really great turnout, I have to say, and we had a lot of people show up, especially volunteers and such.

Elexis: I have to also give a huge shout out to our business partners. Without them and their contributions, these events would not be as fun as they are. So, Boon Chapman, thank you for our Stilt Walker, our \$25 Amazon gift card, and our \$25 Texas Roadhouse gift card. Colonial Life, they sponsored a \$25 Starbucks gift card. Humana, they sponsored the bounce house combo, which was the Candy Lane Center. McGriff sponsored Santa and the Mrs. Concentra sponsored the face painter.

Gina: Yes, and thank you all sponsors because without you guys helping us, it wouldn't be such a success as it is.

Elexis: Also, a very big thank you to the departments that helped and contributed to putting our event together. First, we have Road and Bridge. Thank you so much for our traffic cones and our barriers. Next, we have Parks. Thank you for setting up the tents, the tables, and trash cans. EMS, thank you for being here. In case anybody scraped their knee, they were there to lend a Band Aid or two. And then lastly, precinct four, the constables, thank you so much for your motorcycle escorts and keeping all of the runners and walkers safe on the course. Lastly, we had one of our employees and her daughters create jingle bells for everyone who was in attendance so we could jingle all the way.

Wendy: Well, thank you, Elexis. It was a great event.

Elexis: And, also, be on the lookout because we do have our spring fun run coming up in May 2026. It shall be a very sweet event.

Gina: That's a wrap for this week's Benefit Detective Podcast. I'm Gina.

Wendy: I'm Wendy. And listen for our next podcast in the new year.

Elexis: I'm Elexis. Wellness is a lifestyle.

Gina: Risk Management wishes everyone a Merry Christmas and a Happy New Year!