



Fort Bend County Podcasts

Podcast Episode 65 – Biometrics 101: What You Need To Know

July 8, 2026

****Disclaimer****-Please note, anything that is said in the podcast does not supersede actual plan or program languages, and anyone wishing for specific information in regard to coverage should go directly to the plan documents found under risk management on eConnect.

Gina: Welcome to this week's Benefit Detective Podcast! I'm Gina

Wendy: Hey everyone, I'm Wendy! In case people don't know, Biometrics are in FULL SWING!

Gina: Absolutely! Yesterday's hot spot was Gus George Academy!

Wendy: In case you missed that location, don't worry, we have another one tomorrow in Missouri City at the Missouri City Annex on the 2nd floor from 10am till noon.

Gina: Wendy, I know that this is strictly voluntary, but have you done or plan on doing your Biometrics?

Wendy: Oh, for sure! I usually tag-team that with my PCP. I just print out the Medical Provider Verification Form and my PCP checks all the blood work, answering any head-scratchers.

Gina: That's good!

Wendy: Yep! How about you? Have you dived into Biometrics yet?

Gina: Not yet, but it's on my to-do list! I aim for the onsite spots, but with my whirlwind schedule, I can always hit up the Employee Clinic. Then, I plug those numbers in online, either during a break or on my trusty home computer.

Wendy: That's good! With everyone's plate so full, it's great there are options for those who can't swing by an onsite event.

Gina: So true! Onsite Biometrics will run until August 26. Employees can also see their PCP and take that Medical Provider Verification Form to have their PCP complete.

Wendy: Or, if you're currently on the FBC Medical plan, swing by the FBC Employee Health and Wellness Clinic to complete the Biometric. Then input those numbers online for the Health Risk Assessment. No Medical Provider Verification forms needed.



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Gina: First-timers for the online HRA need to create an account. If you've done it before, just log in.

Wendy: Forgot your login? No worries! Hit 'forgot password', follow the instructions and voila, You're back in action!

Gina: Oh, and while you're at the onsite locations, say hello to the Risk Management Benefits Team! We will be there, with Elexis, to help pass out shirts and give information about your benefits. Feel free to chat us up on any benefit questions that you may have.

Wendy: That's right! We would love to meet with you! To find the closet onsite location near you, check the onsite schedule that is available on eConnect's homepage.

Gina: Some of the upcoming locations include Travis Building, Justice Center and Rosenberg Annex. Check the schedule for those times and dates.

Gina: That's a wrap for this week's Benefit Detective Podcast, I'm Gina.

Wendy: I'm Wendy, stay tuned for our next podcast.

Gina: And as always, the Benefit Detectives are here to help