



Fort Bend County Podcasts

Podcast Episode 66 – Ready, Set, Submit

July 23, 2026

****Disclaimer****-Please note, anything that is said in the podcast does not supersede actual plan or program languages, and anyone wishing for specific information in regard to coverage should go directly to the plan documents found under risk management on eConnect.

Gina: Welcome to this week's Benefit Detective Podcast! I'm Gina, and with me is my fabulous co-host, Destanie Galarza!

Destanie: Hello again, everyone! I'm glad to be back!

Destanie: To all our employee listeners out there, did you see the email that went out Monday, the 13th, from Risk Management Benefits?

Gina: Oh, you mean the one about turning in documents?

Destanie: Bingo! It was titled, "Act Now, Thank Yourself Later."

Gina: Yes! I definitely saw it since I was the one who sent it out! lol

Destanie: For those who missed it, check your work emails for "Act Now, Thank Yourself Later." It's all about getting your documents to Risk Management if you want to add a spouse or dependent during Annual Enrollment.

Gina: Destanie's spot on! Now's your chance to send in those documents to dodge any delays during Annual Enrollment. We all know life gets hectic, or some folks wait till the last minute to add a spouse or child and then forget those important docs. Missing the deadline due to incomplete paperwork is a bummer.

Destanie: Oh, totally. Remember, if you're adding a child, dig out those birth certificates! If you've moved or misplaced them, you can always hit up the County Clerk's office for a replacement.

Gina: Same deal with Marriage Certificates if you're adding a spouse! Not all marriage certificates are with Fort Bend County Clerks, so keep that in mind if you need to reorder from a different county in case yours is M.I.A.

Destanie: That also goes for Informal Marriage certificates.

Destanie: We also need their Social Security Numbers!

Gina: That we do! They serve as cross bridges to also verify that you are you when calling in to insurance companies or verification from providers. It will compare your name, social security numbers, birth



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dates and even addresses. So, make sure those are all correct to avoid delays in claim payments and other issues that may arise.

Destanie: If you're still wondering what documents are needed, check out the helpful info linked in that email titled, "What documents are needed."

Gina: Absolutely! You'll discover 1. Who qualifies as a dependent? And 2. What paperwork you'll need to rope in your spouse or dependent for the benefit plans during Annual Enrollment. Plus, it spills the beans on age limits and who can still jump on board if they're married.

Destanie: Just remember, uploading those crucial docs does not magically add your spouse or dependent to your plan. You've got to complete the Annual Enrollment process yourself to officially welcome them aboard!

Gina: Once you peek at that email, spill the beans on our comic book graphic! Did it grab your attention? We're dying to hear!

Destanie: Are you adding anyone to your plans for this coming up Annual Enrollment?

Gina: No, all my dependents are already and have been on my plans. So, I'm good. No documents are needed from me. I will just need to complete Annual Enrollment online. How about you?

Destanie: Nah, I'm good. I'm just completing the Nicotine form and having my current medical, dental and vision roll over.

Gina: Good deal sounds like a plan!

Gina: And for employees needing to send in documents, be sure to use the Employee Document Uploader that is found on eConnect under Risk Management/Forms.

Gina: Well, that's a wrap for this week's Benefit Detective Podcast, I'm Gina!

Destanie: And I'm Destanie! Be sure to send those documents and not miss the Annual Enrollment Deadline of Oct. 30th!

Gina: And as always, the Benefit Detectives are here to help!