



Fort Bend County Podcasts

Podcast Episode 68 - Wrapping Up Biometrics

August 27, 2026

****Disclaimer****-Please note, anything that is said in the podcast does not supersede actual plan or program languages, and anyone wishing for specific information in regard to coverage should go directly to the plan documents found under risk management on eConnect.

Wendy: Welcome to this week's Benefit Detective podcast. I'm Wendy, your host with the most.

Destanie: And I'm Destanie, ready to solve mysteries with a smile. Joining us is the queen of biometric screenings, Elexis.

Elexis: Well, thank you, everyone. Hey.

Wendy: The onsite biometric screenings have officially wrapped up.

Destanie: We made it. Along with Elexis, tackle 22 locations. Talk about a whirlwind tour.

Wendy: So without further ado, let me hand the mic to Alexis for the juicy scoop on the year's on-site biometrics results.

Elexis: Gather around everyone because I have the grand total for you. Now this is just onsites. So we have a whopping 1,153 employees and retirees who conquered the biometrics for the season. Now if you haven't already, these individuals need to complete the health risk assessment online to snag that sweet medical premium discount for the next plan year.

Destanie: Every onsite attendee gets a snazzy t-shirt and a chance to chat with us for some sweet benefits swag and a Q&A session about their perks.

Wendy: Absolutely. Huge thanks for everyone's patience and the top-notch questions you all brought to the table.

Elexis: If you missed an onsite location, don't worry. You are still able to get that discount for the upcoming year. Employees and retirees that are currently on the Fort Bend County medical plan that still need to complete their biometric screening will need to schedule an appointment with the FBC Employee Health and Wellness clinic. Just give them a call at (281) 633-7750 to schedule that appointment. Easy peasy.



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Wendy: And if you're hopping on to the Fort Bend County medical plan during annual enrollment, it's time for a doctor's date. Schedule an appointment with your primary care provider and have them fill out a medical verification form and turn in before the end of annual enrollment.

Destanie: Which is on Friday, November 6. Hey, fellow retirees. Check your inboxes because biometric details were sent to you there. Along with it, you'll find your medical provider form just in case you fancy a trip to your primary care physician. If that's your plan, make sure Risk Management gets the completed form back before annual enrollment wraps up, which is on Friday, November 6. No late submissions will be accepted.

Wendy: And thank you, Elexis, for joining us today and allowing us and the rest of the risk benefit team to road trip with you to all the biometric onsite locations.

Elexis: And thank you, everyone, for who attended. Also, a huge shoutout to Concentra; with their help, this biometric season was a huge success.

Wendy: Alright, everyone. That's a wrap on this week's Benefit Detective podcast. I'm Wendy.

Elexis: And I'm Elexis. here to remind you that wellness is a lifestyle.

Destanie: And I'm Destanie. Stay tuned for our next episode. And remember, the Benefit Detectives are here to help.